

## 6<sup>TH</sup> GRADE P.E. & HEALTH AT MAYWOOD

6<sup>TH</sup> GRADE P.E. & HEALTH ARE REQUIRED COURSES

- Your 6<sup>th</sup> grader will have ONE trimester of Health next year
- 6<sup>th</sup> graders in Choir, Band, or Orchestra will have
  ONE trimester of PE next year
- 6<sup>th</sup> graders NOT in music electives will have TWO trimesters of PE next year

WHAT DOES MY CHILD NEED FOR PE CLASS?

- <u>PE UNIFORM</u>: \$15 PAID TO BOOKKEEPER, WILL BE DISTRIBUTED IN THE FIRST FEW DAYS OF PE CLASS (WE HELP THEM GET THE CORRECT SIZE)

- <u>PE SHOES (CROSS TRAINER,</u> GOOD SUPPORT TYPE)

- INHALER, IF NEEDED

- COMPOSITION NOTEBOOK

<u>- OPTIONAL</u>: PE CHILLY WEAR (WILL BE PURCHASED AT START OF TRIMESTER)



## HELPFUL ADVICE FOR NEXT YEAR!!!!

 To help alleviate a LOT of stress, please spend some time this summer teaching your child how to open a standard padlock! These are used in PE, music, and the pattern is the same on their school locker also!

